

Inspiration Coffee Breaks For Women: 12 Ground Rules for Pouring Your Heart into Life

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✓ Verified Book of Inspiration Coffee Breaks For Women: 12 Ground Rules for Pouring Your Heart into Life

## Summary:

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Ready to give your life a jolt?

As creator of the delightfully invigorating Inspirational Coffee Club, Julie Clark has become America's favorite coffee break companion. Sharing one-of-a-kind strategies to live each day more fully, she will change your life with each sip.

Any woman thirsting for more meaning and fulfillment will find an uplifting treat in Julie's newest book, Inspirational Coffee Breaks for Women. This unique for living is overflowing with heartwarming stories, encouraging messages and rich wisdom that will refresh and inspire you.

Outlining 12 strategies "Ground Rules" for pouring your heart into life, Inspirational Coffee Breaks for Women will take you on a personal journey toward a life filled to the rim with enjoyment. Combining insightful reflection questions with creative action steps you can easily apply to your daily life, this book supports every woman in living each day more fully. (And you don't have to be a coffee lover to enjoy it!)

As energizing as it is inspiring, Inspirational Coffee Breaks for Women is just the right blend of fun, motivation and encouragement to turn ordinary coffee breaks into recipes for happiness, success and joy!

Savor Inspirational Coffee Breaks alone or with a group of women who is near and dear to you by organizing your own Inspirational Coffee Club to study the book together.

So tip your cup to life and to the start of many Inspirational Coffee Breaks to come!

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